

SAINT JOHN



of the
CROSS

STUDY for Priests & Seminarians

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“True love receives all things that come from the Beloved—prosperity, adversity, even chastisement—with the same evenness of soul, since they are his will. And they afford her joy and delight because, as St. John says: Perfect charity casts out all fear [1 John 4:18].”

— St. John of the Cross (*The Spiritual Canticle, Stanza 11, 10*)

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with **Julia Monnin, OCDS**

Director of Apostolic Works & President of the Board for Journeys Revealed Ministries. Julia is also currently serving as the Director of Formation for the “St. Joseph, Protector of the Holy Family” OCDS Community in Celina, OH

hosted by **Journeys Revealed Ministries**

60% OF PRIESTS
under the age of 45
would appreciate
more opportunity for
spiritual formation
or direction.

-According to the results of the 2022 National Study of Catholic Priests by The Catholic University of America

Is this you? Join us for a 4-part series on the writings and teachings of St. John of the Cross, Mystical Doctor of the Church. Details on back.

A Note from Julia

“Who can understand this?!?” I asked God in prayer as I lamented about the ways I was struggling to understand anything I was reading in my formation as a Secular Discalced Carmelite when we studied the writings of St. John of the Cross. “I mean, you seem like a nice enough guy, John, and I really do want to understand you, but come on. Who can understand this?!?”

If you’ve ever tried to read any of the writings of St. John of the Cross, Mystical Doctor of the Church, maybe you can relate to Julia’s struggle. Indeed, John can be “intimidating” and somewhat difficult to understand. But here’s the good news: he doesn’t have to be! It’s quite possible all you need to ascend the mountain of John’s incredibly enlightening and inexhaustibly rich doctrine is a guide who’s struggled but, with God’s grace, somehow managed to ascend in greater understanding of it herself.

If your interest is piqued, consider joining Julia Monnin, OCDS as she leads a study on John’s Collected Works by starting with a 4 session series on his masterpiece “The Spiritual Canticle.”



“Studying the writings of St. John of the Cross helped me to understand (intellectually) the beauty of ‘the night’ and the need to deny oneself in order to be purified. And this understanding helps me continue in the discipline even when I lack the desire to.”

– Julia Monnin

“The Spiritual Canticle” Series

2:30-4:30pm | Transfiguration Center, West Milton, OH

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| Session 1
May 23, 2025 | <i>Intro to The Collected Works of St. John of the Cross</i> |
| Session 2
June 27, 2025 | <i>The Spiritual Canticle (Stanzas 1-12)
“The Search for the Beloved”</i> |
| Session 3
July 25, 2025 | <i>The Spiritual Canticle (Stanzas 13-21)
“Preparations for Perfect Union”</i> |
| Session 4
August 22, 2025 | <i>The Spiritual Canticle (Stanzas 22-40)
“Full Union” (“Marriage”)</i> |

