

# 6-SESSION Prayer Series

Discussing Part IV of the *Catechism of the Catholic Church*



with **Julia Monnin, OCDS**  
hosted by **Journeys Revealed Ministries**

After the Bible itself, the *Catechism of the Catholic Church* is arguably the most important book for Catholics. Pope John Paul II said, "I ask all the Church's shepherds and faithful members to receive this *Catechism* in a spirit of communion and to make careful use of it in carrying out their mission to proclaim the faith and to call to the gospel life. This *Catechism* is given to them to serve as a sure and authentic source book for the teaching of Catholic doctrine and especially for the composition of local catechisms. It is also offered to all the faithful who want to understand better the inexhaustible riches of salvation."

In this 6-session series, Julia discusses in full Part Four (the section on prayer) of the *Catechism of the Catholic Church*.

- Each session is typically 2 hours and is given in a Catholic setting.
- The sessions can be reduced to as little as 60-90 minutes if needed.
- The 6 sessions can be divided up as is best for the group. Options include weekly for 6 weeks, monthly for 6 months, etc.

*In reading the *Catechism of the Catholic Church* we can perceive the wonderful unity of the mystery of God...*

— POPE ST. JOHN PAUL II

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*"Contemplative prayer in my opinion is nothing else than a close sharing between friends; it means taking the time frequently to be alone with him who we know loves us."*

— ST. TERESA OF AVILA

THE WORLD IS NOISY  
God Whispers®



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**Speaker fee: \$600 minimum  
(\$100 per session)**

Additional fees may apply. Please contact  
jrm@journeysrevealed.com for more information.



# Julia Monnin, OCDS

AUTHOR | SPEAKER | SPIRITUAL COMPANION



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Julia Monnin is a small-town girl whose “rocky” young adult years were followed by a massive conversion in her late twenties. After living a life of deadly sin for more years than she would like to admit, she eventually found God’s endless love and mercy and her fresh start in the practices of the Roman Catholic faith she grew up in. She published her first book, *The World Is Noisy – God Whispers: Volume I* in 2017 and her second, *The World Is Noisy – God Whispers: The Daily Devotional* in 2019. (The Second Editions of both of these books were released in 2021.) Her third book, *The World Is Noisy – God Whispers: Volume II*, was released in January of 2023 followed quickly by the release of her fourth book, *The World Is Noisy – God Whispers: The Second Daily Devotional* in November of 2023. Julia is the founder and president of Journeys Revealed Ministries and is also serving as JRM’s Director of Apostolic Works. Julia has a degree in Psychology and made her Definitive Promises in the Secular Order of Discalced Carmelites (OCDS) on December 14, 2021. She lives with her husband and son in west central Ohio where she joyfully and gratefully lives out her vocation as a wife and mother.

## SPEAKING TOPICS

### A SINFUL WOMAN FORGIVEN

“I’m a sinful woman forgiven.’ In essence, this pretty much sums up my soul’s journey. And I’m humbled to share the goodness of our great and merciful God, who ransomed, healed, restored, and forgave me, and who continues to draw me into the depths of His love.”

### 6 SESSION SERIES: CATECHISM OF THE CATHOLIC CHURCH, PART IV

In this 6 session series, Julia discusses in full Part Four (the section on prayer) of the Catechism of the Catholic Church.

### TRUSTING IN GOD’S MERCY

While sharing some of her own witness story, Julia turns to the wisdom of Scripture as she sheds light on the beauty of God’s infinite love and the endless abyss of His mercy.

### THE FOUR TEMPERAMENTS: A SPIRITUAL PERSPECTIVE

Though we are complex beings in which there are endless reasons for any of our tendencies to react, having a basic understanding of the four temperaments has helped many to find truer and more lasting peace in their relationship with themselves, with others, and with Christ.

### HEROIC VIRTUE

What it is, what it isn’t, and the perfect opportunity the challenges of parish life give us to grow in it. A day of recollection for priests, staff members, and parish leaders.

### DO YOU LOVE ME? . . . WILL YOU FIGHT FOR ME?

A day of recollection for both women and men spent unpacking the beauty of authentic masculinity and femininity aimed at helping those in attendance better embrace what it truly means to be “man” and “woman.” (Couples are encouraged to attend together.)

## LISTEN IN

*The World Is Noisy - God Whispers*® podcast\*

*Darting Through The Faith* podcast with Fr. Sean Wilson\*

*The Schoenstatt Way of Life* podcast\*

*Living the Lectionary* - LIVE on Radio Maria every 1<sup>st</sup>, 4<sup>th</sup>, and 5<sup>th</sup> Monday of the month at 9:30 AM EST

\*Podcasts available at [theworldisnoisy.com](http://theworldisnoisy.com).

